

January 11, 2025

# VaYechi

11 Tevet, 5785

# It's About Time

Haven't we all, at one time or another, had the thought that it would be great to add a few hours to the day?

And that's why articles like "Ten Ways to Create More Time in Your Day" and "How to Get Seven More Hours in Your Day" abound.

Yet, even after we've decided to try and "simplify" our lives - whittling away at commitments, time-consuming activities, energy-wasters, relationships that aren't going anywhere - there still need to be more than 24 hours in the day!

With such stressful and packed lives, who would even dream of adding something to his/her "to do" list?

And yet, increasing our commitments is exactly what Judaism demands of us.

"Make set times for Torah" urge Jewish teachings. Just as we set aside time to sleep, eat, relax, exercise, pay bills, work, etc., - though not usually in that order and certainly never enough sleep - we are expected to set aside time for Torah study. Just think of it as exercising your most prominent Jewish organ with a uniquely Jewish work-out.

Lest someone think they can put Torah study off until they reach the "golden years," think again. Our Sages weren't just giving encouragement to people with time on their hands. They understood well the human psyche, so much so that they also enjoined us, "Do not say, 'When I will have free time I will study,' for perhaps you will never have free time.'"

But Torah study can add quality and quantity to our 24 hours, in essence stretching them to their maximum.

Studying Torah, not in a haphazard fashion, but actually setting aside time on a regular basis to expand one's Jewish knowledge can actually help save time.

Chasidic philosophy explains that by studying Torah, especially in a Torah study group, one creates a vessel to contain G-d's blessings for livelihood and blessings in other areas of our material lives and spiritual blessings, as well.

Who hasn't had one of "those" days when anything we try to do takes for ever or doesn't get done at all? And surely we've all had the opposite experience, a "midas touch" type day when everything we do goes smoothly, all the pieces of the puzzle fall into place easily, and at the end of the time there is a sense of accomplishment.

Practically speaking, making set times for Torah study, especially in groups, can bring the blessings of the latter kind of day into your life.

When's the best time to join a Torah study group? "The wise person does it today. The fool puts it off for tomorrow," the Previous Lubavitcher Rebbe was quoted as saying. Check out the options today at your local Chabad-Lubavitch Center. Or start a class of your own. In your house. In your office. At your synagogue. There will never be a better time than now!

(from http://www.lchaimweekly.org/)

#### "Accursed is their rage for it is intense, and their wrath for it is harsh." (49:7)

Rashi z"I comments: Even when Yaakov rebuked his sons, he cursed their anger, not them.

R' Shlomo Wolbe z"I (1914-2005; a leading teacher of mussar) writes: R' Yerucham Levovitz z"I (Mashgiach Ruchani of the Mir Yeshiva; died 1936) was asked whether one is permitted to hate a Jew who acts in a way that is contrary to the Torah. R' Levovitz answered that it is forbidden, saying that [we may not even hate the evil-doer's deeds since] the ordinary person is incapable of distinguishing between hatred for the deeds and hatred for the person. Yaakov Avinu was able to make that distinction.

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R' Wolbe continues: R' Levovitz used to say that a Jew with bad character traits is like a crate full of diamonds, with one moldy potato mixed in. Would one think for even a second of discarding that entire crate? After all, it is full of valuable diamonds! (Shiurei Chumash)

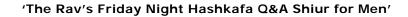
(by Rabbi Shlomo Katz from Project Genesis at www.torah.org)



### Mr. Dan Schechter is sponsoring Kiddush after davening this Shabbat in honor of his birthday.



**Kol Hanaarim** – every Friday evening during the winter at **7:15 p.m. in The Shul**. Cholent and other refreshments are served. Each session is 'topped off' at the end with a fascinating story. For any questions, please see Rabbi Itzkowitz.





will take place **Friday night – January 24<sup>th</sup>** at 8:00 p.m. and wil be held at the home of **Mr. Josh and Mrs. Rikki Volosov**, at 6607 Shelrick Place. Questions can be submitted in advance to <u>rabbikaplan@chabadmd.com</u>.

#### Yahrzeits This Week:

Howard Elbaum 11 Tevet - Friday night / Shabbat for brother Yaacov Kopel ben Avraham Menachem

DAVENING AND SHIURIM SCHEDUL	
Friday — Fast of 10 Tevet, $1/10 - 10$ Tevet Fast Starts — 5:56 a.m. Shacharit and S'lichot — 6:35 a.m. Shabbat Candles — 4:45 p.m. Minchah / Ma'ariv — 4:30 p.m. Fast Ends — 5:33 p.m. Shabbat, $1/11 - 11$ Tevet Shacharit — 9:00 a.m. Sof Z'man Kriat Shema — 9:48 a.m. Minchah — 4:35 p.m. Shiur — after Minchah Shkiah — 5:04 p.m.	<ul> <li>Tuesday, 1/14 — 14 Tevet</li> <li>Shacharit — 7:00 a.m</li> <li>Minchah / Ma'ariv — 4:50 p.m.</li> <li>Wednesday, 1/15 — 15 Tevet</li> <li>Shacharit — 7:00 a.m.</li> <li>Minchah / Ma'ariv — 4:50 p.m.</li> <li>Tanya Shiur: 2<sup>nd</sup> part of Tanya Shaar HaYichud</li> <li>V'Emunah which deals w/the nature of creation and the unity of Hashem — 8:00 p.m.</li> </ul>
Ma'ariv — 5:47 p.m.	Thursday, 1/16 — 16 Tevet
Sunday, 1/12 — 12 Tevet	Shacharit — 6:50 a.m.
Shacharit — 8:00 a.m.	Minchah / Ma'ariv — 4:50 p.m.
Minchah / Maariv — 4:50 p.m.	Friday, 1/17 — 17 Tevet
Monday, 1/13 — 13 Tevet	Shacharit — 7:00 a.m.
Shacharit — 6:50 a.m.	Shabbat Candles — 4:52 p.m.
Minchah / Ma'ariv — 4:50 p.m.	Minchah / Ma'ariv — 4:50 p.m.